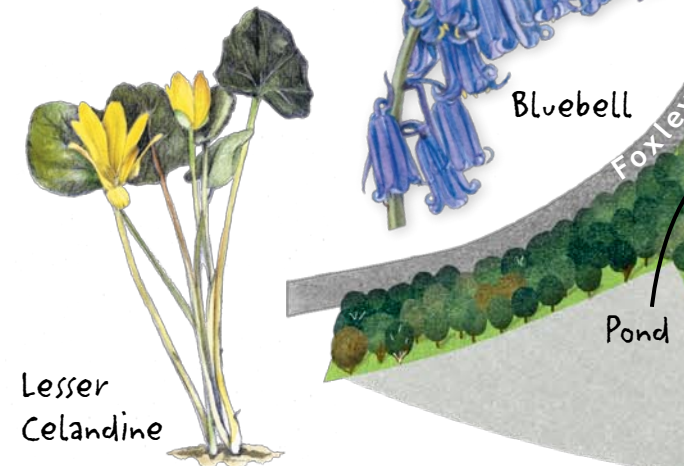


Foxley Wood Nature Trail

To explore Foxley Wood, why not follow the nature trail. The trail is marked by 10 wooden posts and is about 1 mile long, some parts will be muddy at times and there are some steep climbs and steps.

1 Look for magpies, pigeons and crows as they search for food on the field.

2 Spring flowers like bluebells, wood anemone and celandine brighten up the woodland floor at Post 2. You enter ancient woodland, this is land that has been wooded since at least 1600AD.



3 For a short walk turn right towards post 7 or go on slightly to the left. Before reaching Post 4 look out for the old Yew tree and see the hazel coppice area.



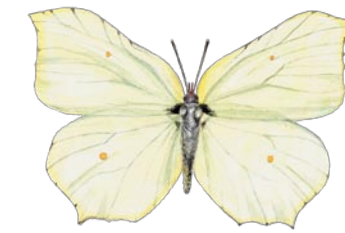
Beech



5 Turn left at Post 5 for a longer walk past an area with many badger setts and rhododendron screening the backs of houses, or turn right to Post 6.



Green Woodpecker



Brimstone Butterfly

6 Look for Brimstone butterflies whose caterpillars feed on Purging Buckthorn trees in the glade on the right. Then follow on till you pass a group of majestic beech trees. They once stood in an open field.



Purging Buckthorn

7 The woodland along this bottom path between post 6 and 8 is very different and has resulted from scrub re-colonising an area which was open field nearly 100 years ago.

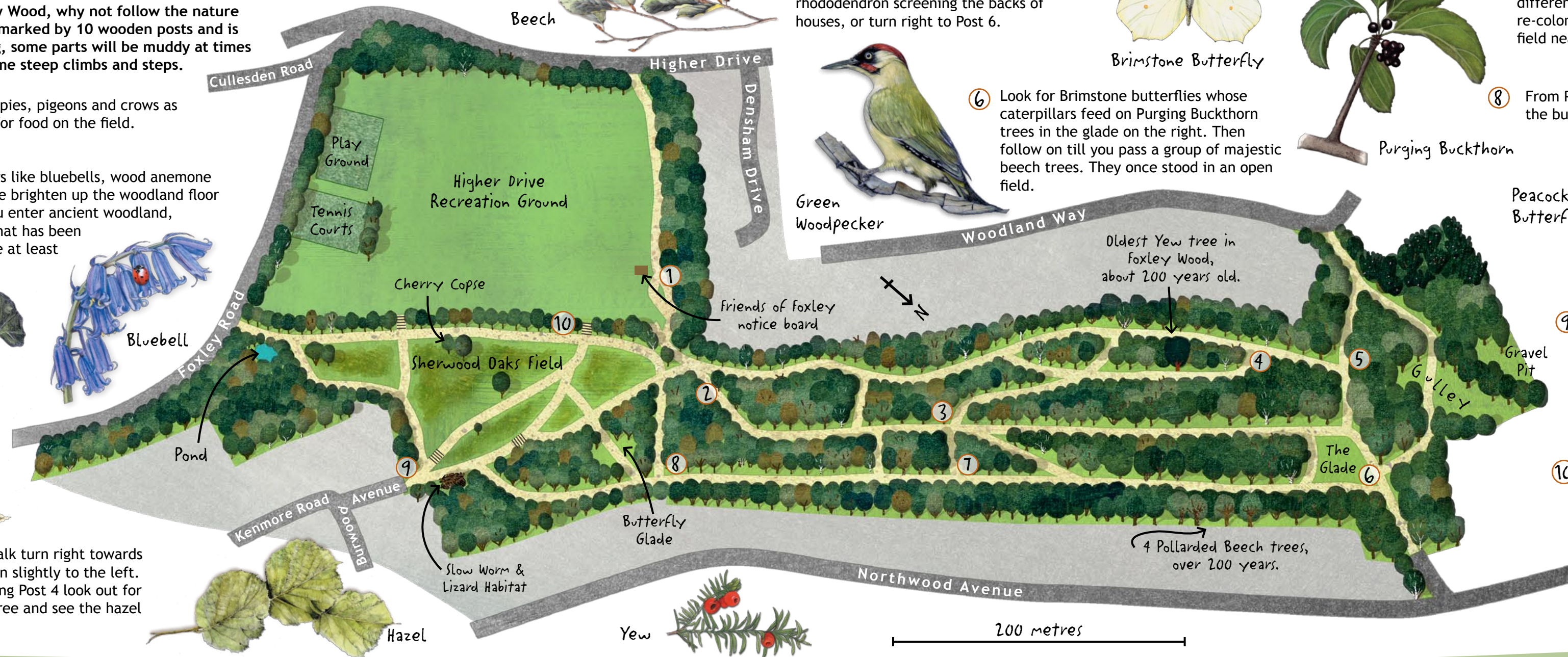
8 From Post 8, make a short detour to the butterfly glade up the hill.



Peacock Butterfly

9 Pass through the kissing gate at Post 9 and take the steps up into Sherwood Oaks Field. Keep left till you reach the old farm pond which is teeming with frog spawn in the Spring.

10 Continue along the top path towards Post 10. Watch out for the Cherry Copse which is made up of root suckers all originating from the old mother tree in the middle. Enjoy the views over Riddlesdown before returning to the Recreation Ground.



Hazel

Yew



200 metres